

Almonds, Whole, Natural, 1.25oz

Nutrition Facts

300 servings per container

Serving size 1.25oz (35g)

Amount Per Serving

Calories

200

% Daily Value*

Total Fat 18g 23%

Saturated Fat 1.5g 8%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 0mg 0%

Total Carbohydrate 8g 3%

Dietary Fiber 4g 14%

Total Sugars 1g

Includes 0g Added Sugars 0%

Protein 8g

Vitamin D 0mcg 0%

Calcium 100mg 8%

Iron 1.4mg 8%

Potassium 280mg 6%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: ALL NATURAL WHOLE ALMONDS

CONTAINS: ALMOND

CALIFORNIA CORRECTIONAL TRAINING
REHABILITATION AUTHORITY.(CALCTRA)
560 EAST NATOMA STREET
FOLSOM, CA 95630