

# Almonds, Whole, Natural, Bulk

## Nutrition Facts

400 servings per container

**Serving size** 1oz (28g)

**Amount Per Serving**

**Calories**

**160**

% Daily Value\*

**Total Fat** 14g **18%**

Saturated Fat 1g **5%**

Trans Fat 0g

**Cholesterol** 0mg **0%**

**Sodium** 0mg **0%**

**Total Carbohydrate** 6g **2%**

Dietary Fiber 3g **11%**

Total Sugars 1g

Includes 0g Added Sugars **0%**

**Protein** 6g

Vitamin D 0mcg **0%**

Calcium 80mg **6%**

Iron 1.1mg **6%**

Potassium 220mg **4%**

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: ALL NATURAL WHOLE ALMONDS

CONTAINS: ALMOND

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