100% Whole Wheat Bread - Sliced Loaf

Nutrition Facts

12 servings per container

Serving size **2 Slices (57g)**

Amount Per Serving

Calories **220**

	% Daily Value*
Total Fat 3.5g	**4%**
Saturated Fat 0.5g	**3%**
Trans Fat 0g	
Cholesterol 0mg	**0%**
Sodium 370mg	**16%**
Total Carbohydrate 39g	**14%**
Dietary Fiber 2g	**7%**
Total Sugars 0g	
Includes 0g Added Sugars	**0%**
Protein 7g	
Vitamin D 0mcg	0%
Calcium 60mg	4%
Iron 2.4mg	15%
Potassium 70mg	2%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: ENRICHED UNBLEACHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMINE, RIBOFLAVIN, FOLIC ACID), SOYBEAN OIL, BREAD BASE, WHEAT GLUTEN, YEAST, CALCIUM PROPIONATE

CONTAINS: WHEAT, SOY

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