Milk, 1% Low Fat Milk, .5 Pint

Nutrition Facts

1 serving per container

Serving size **8 fl oz (227g)**

Amount Per Serving

Calories **160**

	% Daily Value*
Total Fat 7g	**9%**
Saturated Fat 4.5g	**23%**
Trans Fat 0g	
Cholesterol 30mg	**10%**
Sodium 120mg	**5%**
Total Carbohydrate 14g	**5%**
Dietary Fiber 0g	**0%**
Total Sugars 14g	
Includes 0g Added Sugars	**0%**
Protein 9g	
Vitamin D 0.5mcg	2%
Calcium 340mg	25%
Iron 1mg	6%
Potassium 0mg	0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: RAW WHOLE MILK, PASTEURIZED SKIM MILK POWDER

CONTAINS: MILK

CALIFORNIA CORRECTIONAL TRAINING REHABILITATION AUTHORITY (CALCTRA)
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10/20/26 HB