

Eggs, Shell Medium-Large

Nutrition Facts

12 servings per container

Serving size 1 Egg (50g)

Amount Per Serving

Calories 70

% Daily Value*

Total Fat 5g 6%

Saturated Fat 1.5g 8%

Trans Fat 0g

Cholesterol 210mg 70%

Sodium 70mg 3%

Total Carbohydrate 0g 0%

Dietary Fiber 0g 0%

Total Sugars 0g

Includes 0g Added Sugars 0%

Protein 6g

Vitamin D 1mcg 4%

Calcium 30mg 2%

Iron 1mg 6%

Potassium 70mg 2%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: EGG

CONTAINS: EGG

CALIFORNIA CORRECTIONAL TRAINING
REHABILITATION AUTHORITY.(CALCTRA)

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