Eggs, Shell Medium-Large

Nutrition Facts

12 servings per container

Serving size **1 Egg (50g)**

Amount Per Serving

Calories **70**

	% Daily Value*
Total Fat 5g	**6%**
Saturated Fat 1.5g	**8%**
Trans Fat 0g	
Cholesterol 210mg	**70%**
Sodium 70mg	**3%**
Total Carbohydrate 0g	**0%**
Dietary Fiber 0g	**0%**
Total Sugars 0g	
Includes 0g Added Sugars	**0%**
Protein 6g	
Vitamin D 1mcg	4%
Calcium 30mg	2%
Iron 1mg	6%
Potassium 70mg	2%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: EGG

CONTAINS: EGG

CALIFORNIA CORRECTIONAL TRAINING REHABILITATION AUTHORITY (CALCTRA)
560 EAST NATOMA STREET
FOLSOM, CA 95630

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