

Hummus Squeezer, 2oz

Nutrition Facts

200 servings per container
Serving size **2oz (57g)**

Amount Per Serving
Calories **110**

	% Daily Value*
Total Fat 7g	9%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 230mg	10%
Total Carbohydrate 12g	4%
Dietary Fiber 4g	14%
Total Sugars <1g	
Includes 0g Added Sugars	0%

Protein 4g	
Vitamin D 0mcg	0%
Calcium 530mg	40%
Iron 0.1mg	0%
Potassium 6340mg	130%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: WATER, (CHICKPEA POWDER) (GARLIC POWDER) (SALT) (CAYENNE PEPPER) (CITRIC ACID) (ONION POWDER) (LEMON JUICE) (CORN SYRUP SOLIDS) (LEMON JUICE CONCENTRATE) (LEMON OIL) (SUGAR) (SMOKE HICKORY) (CARRAGEENAN), SOYBEAN OIL

CONTAINS: SOY

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