

Hummus Squeezer, 2oz

Nutrition Facts

200 servings per container

Serving size 2oz (57g)

Amount Per Serving

Calories

110

% Daily Value*

Total Fat 7g **9%**

Saturated Fat 1g **5%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 230mg **10%**

Total Carbohydrate 12g **4%**

Dietary Fiber 4g **14%**

Total Sugars <1g

Includes 0g Added Sugars **0%**

Protein 4g

Vitamin D 0mcg **0%**

Calcium 530mg **40%**

Iron 0.1mg **0%**

Potassium 6340mg **130%**

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: WATER, (CHICKPEA POWDER) (GARLIC POWDER) (SALT) (CAYENNE PEPPER) (CITRIC ACID) (ONION POWDER) (LEMON JUICE) (CORN SYRUP SOLIDS) (LEMON JUICE CONCENTRATE) (LEMON OIL) (SUGAR) (SMOKE HICKORY) (CARRAGEENAN), SOYBEAN OIL

CONTAINS: SOY

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