

Lunch Box, 1 pack

Pretzel, 2oz Hummus, 1

Snack, 2 Cookies, 1

Drink Mix

Nutrition Facts

1 serving per container

Serving size 1 Box (0.0g)

Amount Per Serving

Calories 500

% Daily Value*

Total Fat 25g 32%

Saturated Fat 4.5g 23%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 690mg 30%

Total Carbohydrate 62g 23%

Dietary Fiber 7g 25%

Total Sugars 14g

Includes 11g Added Sugars 22%

Protein 13g

Vitamin D 5mcg 25%

Calcium 640mg 50%

Iron 4.1mg 25%

Potassium 6600mg 140%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: HUMMUS SQUEEZER, 2OZ (WATER, (CHICKPEA POWDER) (GARLIC POWDER) (SALT) (CAYENNE PEPPER) (CITRIC ACID) (ONION POWDER) (LEMON JUICE) (CORN SYRUP SOLIDS) (LEMON JUICE CONCENTRATE) (LEMON OIL) (SUGAR) (SMOKE HICKORY) (CARRAGEENAN), SOYBEAN OIL), COOKIE, CHOCOLATE CHIP, TWO-PACK (COOKIES, CHOCOLATE CHIP, COMMERCIALY PREPARED, REGULAR, HIGHER FAT, ENRICHED), PRETZEL (ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SALT, LESS THAN 2% OF: CORN SYRUP, CANOLA OIL AND/OR SOYBEAN OIL, BARLEY MALT EXTRACT), ALL NATURAL WHOLE ALMONDS, MALTODEXTRIN, CITRIC ACID, TRICALCIUM PHOSPHATE, ASCORBIC ACID (VIT C), ASPARTAME, SACCHARIN AND ACESULFAME, NATURAL AND ARTIFICIAL FLAVORS, ZINC SULPHATE, SODIUM CITRATE, SILICON DIOXIDE, VITAMIN D, MORE OF THE FOLLOWING RED 40, YELLOW 5 AND 6, BLUE 1 PHENYLKETONURICS: CONTAINS PHENYLALANINE

CONTAINS: MILK, EGG, ALMOND, WHEAT, SOY

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