

Milk, 1%, Chocolate, No Sugar Added

Nutrition Facts

1 serving per container

Serving size 8 fl oz (227g)

Amount Per Serving

Calories

160

% Daily Value*

Total Fat 7g 9%

Saturated Fat 4.5g 23%

Trans Fat 0g

Cholesterol 30mg 10%

Sodium 130mg 6%

Total Carbohydrate 14g 5%

Dietary Fiber 0g 0%

Total Sugars 14g

Includes 0g Added Sugars 0%

Protein 9g

Vitamin D 0.5mcg 2%

Calcium 350mg 25%

Iron 1mg 6%

Potassium 20mg 0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: RAW WHOLE MILK, PASTEURIZED SKIM MILK POWDER, BEVERAGES, CHOCOLATE POWDER, NO SUGAR ADDED

CONTAINS: MILK

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