

# Stew Meat

## Nutrition Facts

200 servings per container

**Serving size** 4oz (113g)

**Amount Per Serving**

**Calories**

**150**

% Daily Value\*

**Total Fat** 4.5g **6%**

Saturated Fat 1.5g **8%**

Trans Fat 0g

**Cholesterol** 70mg **23%**

**Sodium** 70mg **3%**

**Total Carbohydrate** 0g **0%**

Dietary Fiber 0g **0%**

Total Sugars 0g

Includes 0g Added Sugars **0%**

**Protein** 25g

Vitamin D 0mcg **0%**

Calcium 10mg **0%**

Iron 3.3mg **20%**

Potassium 410mg **8%**

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## INGREDIENTS: BEEF

CALIFORNIA CORRECTIONAL TRAINING  
REHABILITATION AUTHORITY.(CALCTRA)  
560 EAST NATOMA STREET  
FOLSOM, CA 95630