Stew Meat

Nutrition Facts

200 servings per container

Serving size **4oz (113g)**

Amount Per Serving

Calories **150**

	% Daily Value*
Total Fat 4.5g	**6%**
Saturated Fat 1.5g	**8%**
Trans Fat 0g	
Cholesterol 70mg	**23%**
Sodium 70mg	**3%**
Total Carbohydrate 0g	**0%**
Dietary Fiber 0g	**0%**
Total Sugars 0g	
Includes 0g Added Sugars	**0%**
Protein 25g	
Vitamin D 0mcg	0%
Calcium 10mg	0%
Iron 3.3mg	20%
Potassium 410mg	8%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: BEEF

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