

Food Packaging, Two-Pack Sliced 100% Wheat Bread

Nutrition Facts

1 serving per container

Serving size **2 Slices (64g)**

Amount Per Serving

Calories **160**

% Daily Value*

Total Fat 2g	3%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 290mg	13%
Total Carbohydrate 27g	10%
Dietary Fiber 4g	14%
Total Sugars 3g	
Includes 0g Added Sugars	0%
Protein 8g	

Vitamin D 0mcg	0%
Calcium 100mg	8%
Iron 1.6mg	8%
Potassium 160mg	4%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: WHEAT BREAD (WHOLE WHEAT FLOUR, WHEAT FLOUR ENRICHED (NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID) MALTED BARLEY FLOUR, WATER, SOYBEAN OIL, SEA SALT, RICE FLOUR, MALT SYRUP, MILK POWDER, YEAST, SOY LECITHIN))

CONTAINS: MILK, WHEAT, SOY

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