

Food Packaging, Two-Pack Sliced 100% Wheat Bread

Nutrition Facts

1 serving per container

Serving size 2 Slices (64g)

Amount Per Serving

Calories

160

% Daily Value*

Total Fat 2g **3%**

Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 290mg **13%**

Total Carbohydrate 27g **10%**

Dietary Fiber 4g **14%**

Total Sugars 3g

Includes 0g Added Sugars **0%**

Protein 8g

Vitamin D 0mcg **0%**

Calcium 100mg **8%**

Iron 1.6mg **8%**

Potassium 160mg **4%**

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: WHEAT BREAD (WHOLE WHEAT FLOUR, WHEAT FLOUR ENRICHED (NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID) MALTED BARLEY FLOUR, WATER, SOYBEAN OIL, SEA SALT, RICE FLOUR, MALT SYRUP, MILK POWDER, YEAST, SOY LECITHIN))

CONTAINS: MILK, WHEAT, SOY

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